

Canadian Medical Education Journal Revue canadienne de l'éducation médicale



The cornerstone of medical care La pierre angulaire des soins médicaux

Antonio Yaghy

Volume 14, numéro 6, 2023

URI : <https://id.erudit.org/iderudit/1108939ar>

DOI : <https://doi.org/10.36834/cmej.78128>

[Aller au sommaire du numéro](#)

Éditeur(s)

Canadian Medical Education Journal

ISSN

1923-1202 (numérique)

[Découvrir la revue](#)

Citer ce document

Yaghy, A. (2023). The cornerstone of medical care. *Canadian Medical Education Journal / Revue canadienne de l'éducation médicale*, 14(6), 135–135.
<https://doi.org/10.36834/cmej.78128>

© Antonio Yaghy, 2023



Ce document est protégé par la loi sur le droit d'auteur. L'utilisation des services d'Érudit (y compris la reproduction) est assujettie à sa politique d'utilisation que vous pouvez consulter en ligne.

<https://apropos.erudit.org/fr/usagers/politique-dutilisation/>

érudit

Cet article est diffusé et préservé par Érudit.

Érudit est un consortium interuniversitaire sans but lucratif composé de l'Université de Montréal, l'Université Laval et l'Université du Québec à Montréal. Il a pour mission la promotion et la valorisation de la recherche.

<https://www.erudit.org/fr/>

The cornerstone of medical care La pierre angulaire des soins médicaux

Antonio Yaghy¹

¹New England Eye Center, Tufts University Medical Center, Massachusetts, USA

Correspondence to: Antonio Yaghy, MD; email: antonioyaghy@gmail.com

Edited by: Marcel D'Eon

Published ahead of issue: Oct 2, 2023; published: Dec 30, 2023. CMEJ 2023, 14(6) Available at <https://doi.org/10.36834/cmej.78128>

© 2023 Yaghy; licensee Synergies Partners. This is an Open Journal Systems article distributed under the terms of the Creative Commons Attribution License. (<https://creativecommons.org/licenses/by-nc-nd/4.0>) which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is cited.



The physician-patient relationship is the cornerstone of medical care, characterized by mutual trust, respect, and collaboration. This relationship forms the foundation for the practice of medicine, determining the course and quality of patient care. At its core, it is a partnership, wherein both parties work together to achieve the shared goal of maintaining or improving the patient's health and well-being. Trust is a fundamental element in this relationship.¹ Patients entrust physicians with their most personal information and vulnerabilities, relying on them to provide sound clinical judgment and to act in their best interests. This trust is earned not just by clinical expertise, but also through consistent demonstration of empathy, compassion, and honesty. The responsibility of the

physician is not only to diagnose and treat, but also to educate and guide, ensuring that the patient feels empowered to make informed decisions about their health. Effective communication is another pivotal aspect.² Physicians must possess the skill to convey complex medical information in a way that is easily comprehensible to patients, allowing them to understand their condition, the available treatment options, and potential outcomes. Similarly, patients are encouraged to communicate their concerns, preferences, and values, enabling the physician to tailor the care to the individual. In essence, the physician-patient relationship is more than just a clinical interaction; it's a bond that intertwines the art and science of medicine. When nurtured with care, understanding, and mutual respect, this relationship has the potential to be one of the most rewarding and transformative experiences for both parties.³

Media

"The cornerstone of medical care" was created by the generative artificial intelligence software Midjourney. The subjects are fictional and do not depict real persons.

References

1. Pearson SD, Raeke LH. Patients' trust in physicians: many theories, few measures, and little data. *J Gen Intern Med*. 2000;15(7):509-513. <https://doi.org/10.1046/j.1525-1497.2000.11002.x>
2. Koul PA. Effective communication, the heart of the art of medicine. *Lung India*. 2017;34(1):95-96. <https://doi.org/10.4103/0970-2113.197122>
3. Chipidza FE, Wallwork RS, Stern TA. Impact of the doctor-patient relationship. *Prim Care Companion CNS Disord*. 2015;17(5):10.4088/PCC.15f01840. <https://doi.org/10.4088/PCC.15f01840>.