

Canadian Medical Education Journal
Revue canadienne de l'éducation médicale



Finding meaning in mud
Trouver un sens dans la boue

Christen Rachul

Volume 13, numéro 5, 2022

URI : <https://id.erudit.org/iderudit/1092475ar>

DOI : <https://doi.org/10.36834/cmej.75609>

[Aller au sommaire du numéro](#)

Éditeur(s)

Canadian Medical Education Journal

ISSN

1923-1202 (numérique)

[Découvrir la revue](#)

Citer ce document

Rachul, C. (2022). Finding meaning in mud. *Canadian Medical Education Journal* / *Revue canadienne de l'éducation médicale*, 13(5), 121–121.
<https://doi.org/10.36834/cmej.75609>

© Christen Rachul, 2022



Ce document est protégé par la loi sur le droit d'auteur. L'utilisation des services d'Érudit (y compris la reproduction) est assujettie à sa politique d'utilisation que vous pouvez consulter en ligne.

<https://apropos.erudit.org/fr/usagers/politique-dutilisation/>

érudit

Cet article est diffusé et préservé par Érudit.

Érudit est un consortium interuniversitaire sans but lucratif composé de l'Université de Montréal, l'Université Laval et l'Université du Québec à Montréal. Il a pour mission la promotion et la valorisation de la recherche.

<https://www.erudit.org/fr/>

Finding meaning in mud Trouver un sens dans la boue

Christen Rachul¹

¹Max Rady College of Medicine, University of Manitoba, Manitoba, Canada

Correspondence to: Christen Rachul, PhD, Office of Innovation and Scholarship in Medical Education, Max Rady College of Medicine, University of Manitoba, Winnipeg, Canada, S204, 750 Bannatyne Avenue, Winnipeg, MB, R3E 0W2; email: christen.rachul@umanitoba.ca

Published ahead of issue: Aug 29, 2022; published: Sept 1, 2022. CMEJ 2022, 13(5) Available at <https://doi.org/10.36834/cmej.75609>

© 2022 Rachul; licensee Synergies Partners. This is an Open Journal Systems article distributed under the terms of the Creative Commons Attribution License. (<https://creativecommons.org/licenses/by-nc-nd/4.0>) which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is cited.



The ceramic pot began as mud from the riverbank where it is photographed. In the spring of 2020, while trying to make sense of how to work and play during a global pandemic, I began experimenting with harvesting, processing, throwing, and firing clay from the bank of the Assiniboine River in Winnipeg. Similar to my medical education research projects, I had to figure out how to sift the clay from the leaves and twigs and turn it into ceramic by getting my hands dirty and drawing on generations of knowledge and practices along the way. Some steps worked seamlessly. Other steps felt like an endless try-fail-repeat cycle. But eventually shape took form; meaning became clearer; function became evident.