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Article abstract

Differentiated instruction stands as a cornerstone in modern pedagogical practices, aiming to cater to students' diverse needs and learning preferences. This systematic review delves into the vast landscape of differentiated instruction, aiming to illuminate its affordances and effectiveness across various educational settings. By synthesizing empirical evidence from many studies, this review examines the impact of differentiated instruction on student engagement, academic achievement, and overall classroom dynamics. Furthermore, it explores the implementation strategies, challenges, and best practices associated with harnessing the full potential of differentiated instruction. Through rigorous analysis, this review seeks to provide valuable insights for educators, policymakers, and researchers, guiding the enhancement of instructional practices and fostering inclusive learning environments. This systematic review demonstrated that differentiated instruction leads to increased student engagement. By tailoring instruction to meet the diverse needs of students, educators can better capture their interest and motivation. Additionally, this review highlights that differentiated instruction positively impacts learning outcomes. In essence, it underscores the role of differentiated instruction in promoting equity and inclusion in education. By recognizing and valuing the unique strengths and challenges of each student, it helps to create a more inclusive learning environment. These findings contribute to a broader understanding of the benefits, challenges, and best practices that are associated with differentiated instruction in educational settings.

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Unveiling the Potential: A Systematic Review on Harnessing the Affordances of Differentiated Instruction

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Abstract

Differentiated instruction stands as a cornerstone in modern pedagogical practices, aiming to cater to students' diverse needs and learning preferences. This systematic review delves into the vast landscape of differentiated instruction, aiming to illuminate its affordances and effectiveness across various educational settings. By synthesizing empirical evidence from many studies, this review examines the impact of differentiated instruction on student engagement, academic achievement, and overall classroom dynamics. Furthermore, it explores the implementation strategies, challenges, and best practices associated with harnessing the full potential of differentiated instruction. Through rigorous analysis, this review seeks to provide valuable insights for educators, policymakers, and researchers, guiding the enhancement of instructional practices and fostering inclusive learning environments. This systematic review demonstrated that differentiated instruction leads to increased student engagement. By tailoring instruction to meet the diverse needs of students, educators can better capture their interest and motivation. Additionally, this review highlights that differentiated instruction positively impacts learning outcomes. In essence, it underscores the role of differentiated instruction in promoting equity and inclusion in education. By recognizing and valuing the unique strengths and challenges of each student, it helps to create a more inclusive learning environment. These findings contribute to a broader understanding of the benefits, challenges, and best practices that are associated with differentiated instruction in educational settings.



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Introduction

In the dynamic landscape of education, pursuing effective instructional methodologies that accommodate diverse learner needs remains an ever-present challenge. Differentiated instruction emerges as a promising approach, offering educators a framework to tailor teaching methods to individual students' unique abilities, interests, and learning preferences. As classrooms become increasingly diverse regarding students' backgrounds, abilities, and preferences, leveraging the affordances of differentiated instruction becomes paramount (Mhlongo, 2023). This systematic review endeavours to shed light on the efficacy and potential of differentiated instruction in meeting the diverse needs of learners across various educational contexts.

An overview of differentiated instruction will be explained, tracing its historical roots, theoretical underpinnings, and evolution within educational discourse. Then, the rationale behind conducting a systematic review will be articulated, highlighting the need to consolidate existing research findings, identify trends, and synthesize empirical evidence to inform educational practice and policy. Moreover, this review's objectives, scope, and methodology will be outlined, delineating the criteria for selecting studies, data extraction procedures, and analytical frameworks employed to scrutinize the literature comprehensively.

This systematic review aims to deepen the understanding of the affordances of differentiated instruction by elucidating its impact on student learning outcomes and the mechanisms through which it enhances classroom instruction. By synthesizing the empirical findings and identifying gaps in the current research, the aspiration is to provide actionable insights for educators, administrators, and policymakers to optimize instructional practices, promote equitable learning opportunities, and foster inclusive educational environments. Ultimately, this review endeavours to unveil the untapped potential of differentiated instruction as a cornerstone of effective pedagogy in the 21st-century classroom.

Differentiated instruction

Differentiated instruction is an educational approach that acknowledges and embraces the diversity of learners within a classroom (Tomlinson et al., 2003). At its core, it recognizes that students have varying levels of readiness, interests, and learning profiles, and therefore, a one-size-fits-all approach to teaching is ineffective. Instead, differentiated instruction aims to tailor instruction to meet the individual needs of each student, thereby maximizing everyone's learning potential.

Several key principles underpin differentiated instruction:

Flexibility: Teachers adapt their instructional methods, materials, and assessments to accommodate the diverse needs of students. This may involve varying the pace of instruction, providing multiple learning pathways, or offering alternative ways for students to demonstrate their understanding.

Individualization: Rather than teaching to the middle of the class, differentiated instruction recognizes that students may require different levels of support or challenge. Teachers strive to provide personalized learning experiences addressing each student's strengths, weaknesses, and interests.

Assessment for learning: Continuous assessment is integral to differentiated instruction. Teachers use formative assessment techniques to gather data about student progress and understanding, allowing them to adjust instruction accordingly and provide timely feedback to students.

Student-centred learning: Differentiated instruction promotes student autonomy and empowerment. It encourages active participation, collaboration, and critical thinking, fostering a learning environment where students take ownership of their learning journey.

Inclusive practices: Differentiated instruction promotes inclusivity and equity in the classroom by understanding the diversity of learners. It seeks to remove barriers to learning and ensure that all students have access to high-quality instruction and support.

Differentiated instruction can manifest itself in various forms, including:

Varied instructional strategies: Teachers may employ various teaching methods, such as direct instruction, small-group activities, hands-on learning experiences, or multimedia resources that accommodate different learning preferences.

Flexible grouping: Students may be grouped and regrouped based on their readiness levels, interests, or learning goals. This allows teachers to provide targeted instruction and support to specific groups of students.

Differentiated content: Teachers may modify the content of lessons to match students' readiness levels or interests. This could involve using different texts, materials, or resources tailored to individual student needs.

Adjustments in assessment: Assessments may be differentiated to provide students with opportunities to demonstrate their understanding in ways that align with their strengths and preferences. This could include alternative assessments, project-based assessments, or performance tasks.

Overall, differentiated instruction is a proactive and inclusive approach to teaching that aims to meet the diverse needs of all students, promote academic growth, and foster a positive and engaging learning environment.

Research problem

Despite the widespread recognition of differentiated instruction as a promising approach to address the diverse needs of learners, there remains a gap in understanding the full scope of its affordances and effectiveness across various educational settings. While numerous studies have examined the impact of differentiated instruction on student-learning outcomes, classroom dynamics, and teacher practices, the literature lacks a comprehensive synthesis of empirical evidence to elucidate its potential and inform evidence-based instructional practices (AM et al., 2023; Mofield, 2020; Smale-Jacobse, 2019).

This systematic review aims to address this gap by investigating the following research question: To what extent do the affordances of differentiated instruction contribute to enhanced student engagement, academic achievement, and overall classroom dynamics, and what are the implementation strategies, challenges, and best practices that are associated with harnessing its full potential across diverse educational contexts?

By systematically synthesizing existing research findings, this study seeks to uncover the untapped potential of differentiated instruction, identify effective implementation strategies, and offer insights to guide educators, policymakers, and researchers in optimizing instructional practices and fostering inclusive learning environments.

Rationale

The rationale for this review stems from the urgent need to thoroughly assess the effectiveness of differentiated instruction in addressing students' varied learning needs. While

differentiated instruction is increasingly recognized as a valuable approach to meet diverse student abilities, interests, and learning preferences, a critical gap persists in synthesizing the research on its full potential to inform evidence-based practices (Burkett, 2013). This analysis seeks to bridge this gap by rigorously examining empirical studies highlighting differentiated instruction's benefits and challenges. This review clarifies its impact on student engagement, academic achievement, and classroom dynamics by integrating findings from various educational contexts. Additionally, it seeks to identify effective strategies, potential challenges, and best practices for successful implementation.

Several key factors underscore the need for this review:

Educational equity and inclusion: In today's diverse classrooms, ensuring equitable access to high-quality, individualized instruction is essential. This review seeks to contribute to the efforts in promoting equity and fostering inclusive learning environments by examining the affordances of differentiated instruction.

Teacher professional development: Educators' roles in implementing differentiated instruction are crucial. This review provides valuable insights that can support teacher development by synthesizing empirical evidence and identifying the best practices to enhance instructional skills.

Evidence-based decision making: Making informed decisions in education relies on access to comprehensive empirical evidence. This study's findings offer educators, administrators, and policymakers insights to guide decisions and policies related to instructional practices.

Continuous improvement: As educational needs evolve, so must teaching practices. This review, by critically examining the existing literature, contributes to the continuous improvement of instructional strategies, ultimately supporting enhanced student learning and success.

In summary, this review holds the potential to deepen the understanding of differentiated instruction, promote educational equity, support teachers' professional development, guide evidence-based policymaking, and foster ongoing enhancement in instructional practices.

Social Constructivism as the Theoretical Framework

This study is grounded in the theoretical principles of social constructivism, a framework that underscores the socially mediated nature of learning and the dynamic interplay between individual cognitive development and social interaction. Proposed by Vygotsky (1978), social constructivism provides a robust foundation for examining differentiated instruction (DI), as both paradigms emphasize the importance of tailoring educational experiences to meet learners' unique developmental needs within their sociocultural contexts.

Social constructivism asserts that learning is an active, contextualized process whereby individuals construct knowledge through social interaction, dialogue, and collaboration. The Zone of Proximal Development (ZPD) represents the gap between what learners can achieve independently and what they can accomplish with guidance from a more knowledgeable other (e.g., teachers or peers) (Vygotsky, 1978). In the context of DI, this principle underscores the importance of scaffolding, where instructional strategies are customized to align with each learner's ZPD, enabling everyone to master complex concepts progressively. Learning is mediated through cultural tools, language, and social interaction.

Differentiated instruction leverages various instructional methods, materials, and technologies to mediate learning, catering to diverse needs and preferences (Pasira, 2022). Knowledge construction is inherently social, with collaborative learning fostering critical thinking and deeper understanding. DI incorporates cooperative learning strategies, peer tutoring, and group tasks that create rich opportunities for interaction and shared meaning-making (Boşnak & Calleja, 2023). The principles of social constructivism align seamlessly with the affordances of differentiated instruction. Thus, DI reflects social constructivism by prioritizing learner-centred approaches that adapt content, processes, and outcomes to students' readiness, interests, and profiles. These adaptations ensure that instruction remains within each learner's ZPD, optimizing every student's cognitive growth potential.

Differentiated instruction often employs group-based activities and peer collaboration, mirroring the constructivist emphasis on social interaction as a critical element of learning (Chand, 2024). Both social constructivism and DI advocate for meaningful and contextually relevant instruction, recognizing that learners bring diverse backgrounds, experiences, and perspectives to the classroom. In social constructivism, the teacher serves as a facilitator who scaffolds learning and promotes autonomy. Similarly, DI positions teachers as guides who continuously assess student progress and adapt instruction to support diverse pathways for learning.

Social constructivism provides a powerful lens through which to examine the affordances of differentiated instruction. Its emphasis on social interaction, cultural tools, and individualized support resonates with DI's goals of creating inclusive, adaptive, and meaningful learning experiences. By leveraging this framework, this study seeks to unveil the transformative potential of differentiated instruction in fostering equitable and meaningful education for all learners.

Methodology

This systematic review synthesizes and analyzes the empirical evidence that is related to the effectiveness of differentiated instruction (DI) in diverse educational contexts. The methodology is robustly structured to enhance transparency, reproducibility, and the validity of its findings.

Research question formulation

This study is guided by the research question: To what extent do the affordances of differentiated instruction contribute to enhanced student engagement, academic achievement, and overall classroom dynamics, and what are the implementation strategies, challenges, and best practices that are associated with harnessing its full potential across diverse educational contexts? This question reflects a focused and well-defined scope, ensuring alignment with the study's objectives.

Search strategy

A comprehensive search strategy incorporated multiple electronic databases, including ERIC, PsycINFO, Education Source, and Google Scholar. Keywords and controlled vocabulary terms, such as "differentiation in education, differentiated teaching strategies," and "personalized learning," were used to ensure extensive coverage. Additionally, manual search of relevant articles' reference lists was conducted to supplement the database search.

Inclusion and exclusion criteria

Clear criteria were established for study selection:

Inclusion: Studies that focused on DI as the primary instructional approach and reported empirical data on student outcomes or classroom practices that were published in peer-reviewed journals, and available in English, were included.

Exclusion: Non-empirical studies, duplicates, reviews, commentaries, or studies failing to meet the inclusion parameters were excluded.

Study selection

The selection process involved two independent reviewers who screened titles and abstracts against predefined criteria. Full-text articles of eligible studies were retrieved and assessed for final inclusion. Discrepancies were resolved through consensus, ensuring objectivity.

Data extraction

A standardized form was developed to capture information from each study, including: systematically

- Study design and participant demographics
- Details of the intervention and measured outcomes
- Key findings and conclusions

Data extraction was performed independently by two reviewers, with discrepancies that were resolved collaboratively.

Quality assessment

The methodological quality and risk of bias were assessed using tools that were tailored to the study design:

Cochrane Risk of Bias Tool: This tool was applied to randomized controlled trials, where domains such as allocation concealment, blinding, and completeness of outcome data were evaluated.

Newcastle-Ottawa Scale (NOS): This scale was used for observational studies to assess selection, comparability, and outcome domains.

Data synthesis and analysis

Data were synthesized narratively and, where feasible, quantitatively, through metaanalysis. Thematic analysis identified patterns and trends that were related to DI's impact on student engagement, academic performance, and classroom practices.

Reporting

The findings were reported following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines, with an emphasis on transparency and comprehensive coverage. Figure 1 depicts a PRISMA flow diagram that illustrates the selection process and outcomes at each stage.



Figure 1: PRISMA flow diagram for the study.

By adhering to this systematic methodology, this review aims to provide a robust synthesis of empirical evidence on the affordances of differentiated instruction and offer valuable insights to inform educational practice, policy, and future research endeavours.

Findings

Table 1 presents a summary of the key findings from the study. Each aspect of the study is outlined, along with its key findings:

Diverse learner needs: This component emphasizes the recognition of students' diverse abilities, interests, and learning preferences. It highlights the necessity for tailored approaches to

instruction that address individual strengths and challenges. Differentiated instruction is identified as a method that offers multiple pathways for engagement and mastery of content, accommodating learners' unique needs.

Enhanced student engagement: The studies note that differentiated instruction contributes to increased student engagement by providing opportunities for choice, flexibility, and relevance in learning activities. Students are more likely to be actively involved in learning when instructional strategies align with their interests and preferences. This approach fosters intrinsic motivation and a sense of ownership over learning outcomes.

Improved learning outcomes: The study cites research indicating that differentiated instruction is associated with improved academic achievement. By providing targeted support and instruction that is aligned with students' readiness levels and interests, educators can facilitate deeper understanding and mastery of concepts. Differentiated instruction scaffolds learning experiences and provides appropriate challenges, ultimately leading to enhanced student learning outcomes.

Challenges and considerations: Despite its benefits, this study acknowledges that differentiated instruction presents challenges in implementation, assessment, and resource allocation. Educators may face difficulties in effectively differentiating instruction for diverse learners, assessing student progress, and allocating resources to support individual needs. Addressing these challenges requires ongoing professional development, educator collaboration, and a commitment to equity and inclusivity.

Future directions: The reviewed studies suggest that future research directions are needed to explore the effectiveness of differentiated instruction across various subject areas, grade levels, and cultural contexts. Additionally, the literature recommends leveraging technology and datadriven approaches to enhance personalized learning experiences for students. Efforts should focus on developing evidence-based practices and supporting educators in implementing differentiated instruction effectively through collaborative networks and professional learning communities.

Study	Aspect	Key Findings	Identified Gaps	Proposed Research Directions
Gentry (2013), Langelaan et al. (2024), Liou et al. (2023), Ojong (2023)	Diverse Learner Needs	Students have diverse abilities, interests, and learning preferences, necessitating tailored approaches to instruction through differentiated instruction.	Limited exploration of DI strategies that are tailored to specific populations, such as students with disabilities or English language learners (ELLs).	Investigate DI strategies that are tailored to underserved populations, such as students with disabilities, English language learners (ELLs), and gifted learners, across various subject areas and age groups.

Table 1: Summary of key studies.

Bondie et al. (2019), Scott (2016), Smale- Jacobse et al. (2019), Zens (2021)	Enhanced Student Engagement	Differentiated instruction enhances engagement by offering opportunities for choice, flexibility, and relevance, fostering intrinsic motivation and ownership of learning.	Lack of longitudinal studies examining the sustained impacts of DI on student engagement	Conduct longitudinal studies to measure the sustained impact of DI on engagement and motivation, particularly in STEM and humanities disciplines.
Bianco (2020), Darling- Hammond et al. (2020), Kiley (2011), Marks, Woolcott & Markopoulos (2021)	Improved Learning Outcomes	Differentiated instruction scaffolds learning experiences, provides targeted support, and enhances academic achievement for diverse learners.	Insufficient evidence on the comparative effectiveness of DI against traditional methods in specific subject areas	Perform comparative studies on DI versus traditional methods across diverse educational contexts, emphasizing specific outcomes, like critical thinking and problem- solving skills.
Adare et al. (2023), Ledwaba (2017), Lunsford (2017), Yuen et al. (2023)	Challenges and Considerations	Implementation challenges include assessing student progress, managing classroom diversity, and resource constraints. Professional development and collaboration are essential.	Limited research on scalable models for DI in resource- constrained or large classrooms	Explore scalable, cost-effective models for DI, particularly for large class settings and resource- constrained schools.
Bondie et al. (2019), Major et al. (2021), Walkington & Bernacki (2020), Schmid (2022)	Future Directions	Future research should examine DI across diverse educational contexts, leverage technology, and support educators	Lack of integration of data analytics and AI tools in personalizing instruction and assessing DI's impact	Investigate the role of AI and data analytics in designing adaptive DI interventions and assessing their real-time impact

through	on student
professional	outcomes.
networks.	

Key Themes Emanating from the Studies on Differentiated Instruction

Differentiated instruction (DI) continues to emerge as a dynamic and inclusive pedagogical approach that addresses the diverse needs of learners. Insights from existing literature underscore five critical themes that illustrate DI's transformative potential and ongoing challenges: addressing diverse learner needs, enhancing student engagement, improving learning outcomes, overcoming implementation challenges, and exploring future innovations.

1. Addressing diverse learner needs

The foundational premise of DI is the recognition of the heterogeneity among learners in terms of their abilities, interests, and learning preferences. Studies (Gentry, 2013; Langelaan et al., 2024; Liou et al., 2023; Ojong, 2023) highlight the necessity of tailoring instructional strategies to accommodate this diversity. While these studies underscore the effectiveness of DI in fostering inclusivity, gaps remain in its application to specific underserved populations, such as students with disabilities, English language learners (ELLs), and gifted learners. Future research is needed to explore tailored DI strategies for these groups across a spectrum of subjects and age demographics. Such investigations would promote equity and enrich the educational experiences of all learners.

2. Enhancing student engagement

Differentiated instruction offers a pathway to enhanced student engagement by integrating choice, flexibility, and relevance into the learning process. Research (Bondie et al., 2019; Scott, 2016; Smale-Jacobse et al., 2019; Zens, 2021) shows that these elements foster intrinsic motivation and a sense of ownership in learners. However, the long-term impact of DI on engagement and motivation remains underexplored. To fill this gap, longitudinal studies are needed to evaluate the sustained effects of DI, especially in fields like STEM and the humanities. Such studies would provide robust evidence for educators who are seeking to maintain engagement over time.

3. Improving learning outcomes

DI's ability to scaffold learning experiences and provide targeted support has been linked to improved academic achievement (Bianco, 2020; Darling-Hammond et al., 2020; Kiley, 2011; Woolcott & Markopoulos, 2021). Despite this, however, there is a lack of comparative research on the efficacy of DI versus traditional instructional methods in achieving specific learning outcomes, such as critical thinking and problem-solving. Future studies should prioritize these comparisons across diverse educational contexts, offering insights into the optimal conditions and subject areas for DI's effectiveness.

4. Overcoming implementation challenges

Implementing DI comes with practical challenges, including assessing student progress, managing classroom diversity, and addressing resource constraints. Studies (Adare et al., 2023;

Ledwaba, 2017; Lunsford, 2017; Yuen et al., 2023) highlight the need for professional development and collaboration to equip educators with the skills to overcome these hurdles. However, research on scalable and cost-effective DI models remains limited, particularly for resource-constrained or large classrooms. Addressing this gap would provide educators with practical tools to implement DI more effectively in diverse settings, ensuring its benefits reach a broader audience.

5. Exploring future innovations

Integrating advanced technologies, such as artificial intelligence (AI) and data analytics, presents an exciting frontier for DI. Researchers (Bondie et al., 2019; Major et al., 2021; Schmid, 2022; Walkington & Bernacki, 2020) advocate for the leveraging of these tools so as to design adaptive DI interventions and assess their real-time impact on student outcomes. Despite its potential, the use of AI in personalizing instruction and measuring the efficacy of DI remains underexplored. Future research should investigate how these technologies can enhance the adaptability and responsiveness of DI, paving the way for more innovative and effective instructional practices.

These studies collectively affirm that DI has significant potential to transform education by catering to the diverse needs of learners, fostering engagement, and enhancing academic outcomes. However, realizing its full potential requires addressing existing gaps through targeted research. Future efforts can refine DI strategies and expand their applicability across varied educational contexts by focusing on underserved populations, conducting longitudinal studies, developing scalable models, and integrating advanced technologies. These advancements will ensure that DI continues to evolve as a cornerstone of inclusive and effective teaching practices.

Future Directions

This review identifies several challenges and opportunities associated with differentiated instruction (DI), including the variability in its implementation, contextual adaptability, and technology integration to enhance its scalability and impact. Building on these findings, future research and practice should prioritize the following areas:

Contextualized research across diverse educational settings

This synthesis highlights inconsistencies in DI's effectiveness across different subject areas, grade levels, and cultural contexts. Future studies should explore tailored differentiated approaches within specific educational environments to generate nuanced insights. For instance, investigating how DI can address equity and inclusion in under-resourced settings or within disciplines like STEM and humanities could yield valuable guidance for educators.

Leveraging technology and data analytics for personalization

These findings underscore the potential for technology to support DI but reveal a lack of comprehensive evidence on its implementation. Future research should examine how digital tools and data analytics can more effectively personalize learning, such as adaptive learning platforms or artificial-intelligence-driven interventions that dynamically respond to students' needs.

Professional development and collaborative networks

One of the identified challenges is the need for ongoing teacher training and support. Building professional learning communities (PLCs) and fostering collaborative networks can empower educators to exchange best practices, share resources, and address challenges collectively. These networks can also serve as incubators for evidence-based innovations in DI.

Scalability and sustainability

This review points to gaps in understanding how DI can be scaled across educational systems while maintaining its effectiveness. Research should focus on models that balance scalability with the personalized nature of DI, ensuring sustainability in resource-constrained environments. Pilot programs or longitudinal studies could provide insights into the long-term impact of such models.

Integration of socio-cultural perspectives

Cultural responsiveness emerged as a critical component of successful DI implementation. Future studies should delve deeper into how educators can integrate students' cultural backgrounds and identities into differentiated teaching strategies that would enhance engagement and relevance.

Enhancing assessment practices

The findings suggest a need to align assessment practices with DI to capture its impact on student outcomes better. Research should explore innovative formative and summative assessment tools that accommodate diverse learner needs while providing actionable feedback to guide instruction.

Future research could address these directions and build a more coherent and actionable framework for differentiated instruction. These recommendations are directly informed by the identified challenges and outcomes, ensuring that they are grounded in the realities of current DI practices while fostering innovative, scalable solutions for the future.

Implications for pedagogic innovation

This systematic review examined the benefits and challenges of implementing differentiated instruction in educational settings. By tailoring teaching methods, content, and assessment to meet diverse classroom needs, differentiated instruction can allow educators to design learning experiences that cater to students' unique strengths, interests, and learning preferences. For example, educators might provide multiple pathways for engagement, such as project-based learning, small group activities, or individual research projects.

A key finding of this review is the importance of ongoing professional development for teachers to implement these strategies effectively. Schools and educational institutions could support this by investing in training programs and workshops that equip teachers with the skills and knowledge needed to implement differentiated instruction successfully. Additionally, technology offers significant opportunities for facilitating differentiated instruction, providing personalized learning options that can adapt to each student's needs. This review's findings could help to guide the selection and use of educational technologies, including those with adaptive

learning pathways, interactive resources, and real-time feedback that would support diverse learners.

Innovative assessment strategies emerged as another central theme, with performancebased assessments, student portfolios, and self-assessment tools that aligned well with differentiated-instruction principles. Educators could use these methods to gather meaningful data on student progress, allowing them to adjust instruction in response to individual needs. Schools and educational organizations can further support this process by fostering collaborative learning communities, where teachers work together to share the best practices in differentiated instruction. Regular meetings, professional learning communities, and online forums could allow educators to exchange ideas, resources, and strategies for supporting diverse learners.

Ultimately, this systematic review on differentiated instruction serves as a valuable resource for educators who are looking to innovate their pedagogical approaches and create inclusive learning environments that meet the needs of all students.

Conclusion

This paper offers valuable insights into the benefits, challenges, and future directions of implementing differentiated instruction in educational settings. It emphasizes the critical importance of recognizing students' diverse abilities, interests, and learning preferences. Differentiated instruction emerges as a promising approach that employs tailored strategies to address individual strengths and challenges, thereby fostering inclusive and equitable learning environments.

This review highlights how differentiated instruction enhances student engagement by incorporating opportunities for choice, flexibility, and relevance in learning activities. Aligning instructional strategies with students' interests and preferences cultivates intrinsic motivation and a sense of ownership over their learning outcomes. Research cited in the study indicates that differentiated instruction significantly contributes to improved academic achievement. By providing targeted support and adapting instruction to students' readiness levels and interests, educators can facilitate a more comprehensive understanding, mastery of concepts, and overall enhanced learning outcomes for all learners.

However, this study also acknowledges several challenges that are associated with implementing differentiated instruction, including issues of effective execution, assessment, and resource allocation. Addressing these concerns requires ongoing professional development, educator collaboration, and a steadfast commitment to equity and inclusivity.

Looking ahead, this review identifies key areas for future research, such as exploring the effectiveness of differentiated instruction across various subject areas, grade levels, and cultural contexts. It also advocates for leveraging technology and data-driven methods to enhance personalized learning experiences. Efforts should prioritize developing evidence-based practices and supporting educators through collaborative networks and professional learning communities.

In essence, this review underscores the transformative potential of differentiated instruction in addressing the diverse needs of learners and improving educational outcomes. By implementing the principles of flexibility, engagement, and inclusivity, educators can create dynamic learning environments that empower all students to thrive.

Author Bio

Sam Ramaila is a professor in the Department of Mathematics, Science and Technology Education at the University of Johannesburg in South Africa. He currently serves as the chairperson of the Physics for Development, Education and Outreach Division of the South African Institute of Physics (SAIP). In addition, he spearheaded the Review of Undergraduate Physics Education in Public Higher Education Institutions Project on behalf of SAIP. The project culminated in the development of the Strategy for the Enhancement of Physics Training in South Africa. His research interests broadly lie in the science education domain and include inquiry-based learning, teacher education, computational thinking, and the nature of science. Professor Ramaila is passionate about promoting the benefits of science and its importance in society, as evidenced by his active involvement in diverse and effective educational and scientific activities in schools and universities in South Africa.

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