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## Multifaceted

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### Article abstract

This poem reflects on the author's experience of wearing different "hats" or roles in their life - as an artist, a teacher, and a combination of the two. While they find fulfillment in their artistic pursuits and personal introspection, their role as a teacher comes with bureaucratic responsibilities that can be overwhelming. However, they see the value in combining their artistic and teaching skills to inspire their students and create a sense of community. The poem ultimately highlights the importance of self-reflection and how our experiences and interactions with others shape our identity.

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## Daniela Fundaro

Daniela Fundaro is an artist, educator, and researcher delving into the connections between art, education, and mindfulness. Currently pursuing a master's degree in Art Education at Concordia University, her research focuses on integrating mindfulness strategies into artistic practice and applying them to classroom pedagogy. With a Bachelor of Arts in Art Education from the same institution, Daniela has honed her creative and teaching skills. As a visual artist and media educator at the secondary level, she fosters a safe and supportive environment for students to explore their creativity and self-expression. Daniela's artwork explores themes of colour relationships, the unconscious mind, intuition, happiness, and grief, drawing from personal experiences and those of others. Her research aims to harness the power of art as a tool for cultivating mindfulness and facilitating meaningful connections among students.

### Multifaceted

I've put on many hats before,  
each one has been accounted for.  
Artist, teacher and it's combination,  
found itself to be frustrated.  
Who am I in relation,  
to understand my own reputation.

An artist that is made to create,  
in an effortless flow state.  
Drawing from skill and reflection,  
a personal scope of introspection.  
Lost in a sense of time and space,  
where my imagination now takes place.

Teacher, teacher, called on thee,  
needed to obtain my bachelor's degree.  
To be able to attend meetings and lesson plan galore,  
until it felt more like a chore.  
Trying to mentor and educate,  
but the bureaucracy keeps filling my plate.  
With more and more responsibilities,  
while forgetting those with disabilities.

Artist, teacher, the combination of the two,  
trying to change my student's world views.  
Creating a sense of wonder and awe,  
teaching them to no longer withdraw.  
Finding a safe space, a sense of community,  
inspiring others to experience true opportunity.  
That anything is possible with a growth mindset,  
a lesson I hope they never forget.

I am all three  
as this has formed my identity.  
It is crucial to be able to study the self,  
as it is shaped through experience and everyone else.

